

February 2019
Lunch Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Menu Subject To Change Without Notice	All Meals Served with Milk White: Skim & 1% Choc: Fat-free	Additional Fruit & Vegetables Served Gr.6-12 Based on Availability Served with Low Fat Dressing		
					1 Chicken Nuggets Green Beans Tater-tots Pineapple Choc. Chip Cookie	2
3	4 Chicken Tetrzzini Garlic Breadstick Tossed Salad Cucumber Slices Baby Carrots Banana	5 Popcorn Chicken Mashed Potatoes Green Beans Pears Muffin (6-12)	6 Turkey & Cheese Sub Sandwich Romaine Lettuce Diced Tomatoes Pepper Strips Apple	7 Tangerine Chicken Brown Rice Broccoli Lettuce Salad Breadstick Pineapple	8 Peanut Butter & Jelly Sandwich Roasted Red Potatoes Baked Beans Peaches	9
10	11 Chicken Crispito Tortilla Chips Refried Beans Tomato Salsa Pineapple	12 Pork Rib on a Bun Sweet Potato Puffs Spinach Salad Banana	13 Mini Corn Dogs Green Beans Tater Tots Pears Choc. Chip Cookie	14 Cowboy Cavatini Corn Garden Salad Breadstick Apple	15 Chicken Quesadilla Tortilla Chips (9-12) Black Bean Salsa Broccoli/Carrots Mandarin Oranges	16
17	18 Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Tossed Salad Pears	19 Chili Tortilla Chips (9-12) Red Pepper Strips Sliced Cucumber Cinnamon Roll Peaches	20 Hamburger/Bun Oven Fries Cherry Tomatoes Romaine Lettuce Strawberries & Bananas	21 Pepperoni Pizza Baked Beans Baby Carrots Applesauce	22 Grilled Chicken Sandwich Sweet Potato Puffs Green Beans Pineapple	23
24	25 Taco Salad Tortilla Chips Tomato Salsa Refried Beans Romaine Lettuce Pears	26 Spaghetti w/ Meat Sauce Garlic Bread Stick Garden Salad Green Beans Mandarin Oranges	27 Chicken Wrap Spanish Brown Rice Romaine Lettuce Tomato Slice Cucumber Slices Peaches	28 Chicken & Noodles Mashed Potatoes Baby Carrots Mixed Fruit Wheat Roll & Honey (6-12)		

This institution is an equal opportunity provider