

Dear Parent/Guardian:

Children need healthy meals to learn. **Essex Community School District** offers healthy meals every school day. Breakfast cost **\$1.75**; lunch costs **\$2.45 k-5, \$2.55 6-12**. Your children may qualify for free meals/milk or for reduced price meals. Reduced price is **\$.30** for breakfast and **\$.40** for lunch.

If your child/children already receive free or reduced meals, no further action is required at this time to continue benefits.

Applications can be submitted at any time and may be found year round by **contacting Essex Community School District School or online at www.essex.k12.ia.us**

Completed applications may be returned to: **Essex Community School District 111 Forbes St., Essex, IA 51638**

Sincerely,

Pam Allumbaugh

Child Nutrition Director

Essex Community School District

111 Forbes St. Essex, IA 51638

712-379-3114

This institution is an equal opportunity provider.