



September 2019 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Menu Subject To Change Without Notice. All grain items are whole grain rich	Daily Milk Choice: Non-Fat & 1%	Extra Fruit/Veg Most Days Grades 6-12 Reduced Fat Dressings		
1	2 Labor Day No School	3 Tacos Refried Beans Tomatoes Lettuce Applesauce	4 Pizza Burger Bun Cottage Cheese Baked Beans Strawberries	5 Pepperoni Pizza Peas Has Brown Patty Peaches	6 Meatball Sub Tater tots Corn Pears	7
8	9 Cowboy Cavatini Green Beans Breadstick Banana	10 Baked Cheese Sticks Marinara Sauce Tossed Salad Seasoned Corn Pineapple	11 Super Nachos Romaine Lettuce Tomato Salsa Tortilla Chips Applesauce	12 Cheese Pizza Broccoli Baby Carrots Ranch Cup Craisins Peach Crisp (6-12)	13 Chicken Nuggets Brown Rice Cherry Tomatoes Celery Sticks Mandarin Oranges	14
15	16 Chicken Drumstick Mashed Potatoes Gravy Peaches	17 Pizza Corn Celery Stick Grapes Cookie	18 Hamburger/Bun Broccoli Cole Slaw Pears	19 Chicken Tetrizzini Steamed Carrots Breadstick Mandarin Oranges	20 Sloppy Joe on Bun Baked Beans Pineapple	21
22	23 Peanut Butter & Jelly Sandwich Green Beans Broccoli Florets Banana	24 K-5: Baked Cheese Sticks 6-12: Chef Salad All: Fresh Veggies Peaches	25 Spaghetti w/ Meat Sauce Garlic Bread Garden Salad Green Beans Applesauce	26 Ham & Cheese Panini Hash Brown Patty Baby Carrots Mixed Fruit	27 Popcorn Chicken Cottage Cheese Corn Pears Cookie	28
29	30 White Chicken Chili Cornbread Muffin Cherry Tomatoes Cucumber Slices Fruit					

This institution is an equal opportunity provider